

Severna Park Racquetball & Fitness Club

Terms of Use and Club Rules

Severna Park Health Club, LLC; Severna Park Racquetball & Fitness Club (“SPRFC” or the “Club”)
8514 Veterans Highway, Millersville, MD 21108 | 410-987-0980

◇ IMPORTANT NOTICE

These Terms contain safety rules, risk information, and important policies that apply to your use of the Club.

By entering or using the Facilities, you acknowledge that you have been given access to these SPRFC Terms (including at the front desk, posted in the Club, or online) and agree to follow them. These Terms can be found online at SPRFC.com, at the Front Desk or posted at the front entrance.

1. Scope and Application

These Terms apply to all persons who enter or use the Club’s facilities, services, or programs (“Facilities”), including members, guests, participants, spectators, and visitors.

“Activities” include all use of fitness equipment, courts, pool, locker rooms, classes, programs, and events.

2. Acceptance; Access to Terms

By entering the Club, using the Facilities, or signing any Club form (including the Facility Use Agreement), you acknowledge that you have been given access to these Terms and agree to comply with them, along with posted signage and staff instructions.

If there is any conflict between these Terms, posted signage, or staff instructions, the most safety-restrictive rule applies unless management provides a written exception.

The Facility Use Agreement serves as a summary acknowledgment and does not replace these Terms.

3. Check-In and Authorized Access

All persons must check in at the front desk before using any part of the Facilities, unless expressly authorized by the Club. The Club requires valid photo identification and can verify identity electronically.

Entry credentials are non-transferable. Unauthorized entry, including “tailgating” or allowing another person to enter without proper check-in, is strictly prohibited and judgement is under the discretion of Club management. Unauthorized entry may result in suspension or termination of membership.

The Club reserves the right to refuse entry or remove any person for safety concerns, rule violations, nonpayment, or unauthorized access.

4. Use of Facilities

These Terms apply to all areas of the Club, including but not limited to:

- fitness areas and equipment
- racquetball and court sports
- aquatics center and pool
- locker rooms and common areas
- classes, programs, and events

5. Assumption of Risk; Participant Responsibility

You understand that use of the Facilities and participation in Activities involves inherent risks that may result in injury, illness, disability, death, or property damage.

These risks may arise from your actions, the actions of others, equipment, facility conditions, or the nature of the activity.

Examples include, but are not limited to:

- slips, trips, and falls (especially in wet areas)
- overexertion or improper technique
- equipment misuse or malfunction
- collisions or impacts
- water hazards, including drowning
- exposure to pool chemicals, humidity, and airborne irritants
- exposure to communicable illnesses

You agree to use reasonable care, follow all rules and instructions, and stop activity if you feel unwell (e.g., chest pain, dizziness, shortness of breath).

6. Health; Emergency Care

You are responsible for knowing your health limits and determining whether you are able to participate. The Club does not provide medical advice.

You agree to stop activity if you feel unwell and to report injuries or unsafe conditions to Club staff.

You agree to consult your doctor or physician if beginning an exercise program at our Club.

You authorize the Club to seek emergency medical assistance for you (or your minor child) if reasonably necessary, and you are responsible for any related costs, to the extent permitted by law.

7. General Safety Rules

You agree to:

- follow all posted rules and staff instructions
- use equipment only as intended
- wear appropriate attire and footwear
- avoid running, horseplay, or unsafe conduct
- not use the Facilities while impaired
- report hazards or equipment issues to staff
- respect others and maintain safe behavior
- clean equipment after use
- be mindful of cell phone and device use during activities or using equipment

8. Supervision; Childcare Restriction

The Club is not a childcare provider to child(ren) outside of the childcare designated area. You are responsible for your own safety and for supervising any minor in your care.

Staff presence does not replace personal responsibility or supervision.

9. Minors; Age and Supervision Rules

Only a parent or legal guardian may execute any agreement or registration on behalf of a minor. No minor may use any Club Facilities unless first properly registered with the Club. Except during a Club-approved personal training session conducted under a binding agreement with a Club staffed personal trainer, and only when that trainer is directly supervising the minor in an authorized equipment area, all minors age 13 and under must remain under the direct, continuous supervision of a parent or legal guardian at all times. Except as expressly allowed under such supervised training or under a separate Club-approved program agreement, minors age 13 and under are strictly prohibited from entering or using the Circuit Room, Free Weight Room, Sauna, Steam Room, Whirlpool Spa, or any other area designated by the Club or its staff as restricted or unauthorized. No exceptions will be granted. Children age 10 and older may use only those areas specifically approved by the Club and only while under the direct and active supervision of a parent or legal guardian. Minors age 13 and older may use the Facilities only to the extent permitted by Club policy, posted rules, and staff instruction. Minors under age 10 may not independently use the Facilities, participate in activities, or access any room or area except as expressly permitted by Club policy or Club Management; however, such minors may be present on Club premises only while under the direct supervision of a parent or legal guardian. Parents and legal guardians assume sole responsibility for the supervision, safety, conduct, and behavior of their minor children at all times while on Club premises. The Club may establish, modify, and enforce additional restrictions concerning minor access, supervision, and use through these Terms, the Facility Use Agreement, posted notices, separate program agreements, or staff direction, all of which shall be binding.

An exception to the Minors Rule:

Children under age 13, whether Guests or Members, must always be under the direct supervision of a parent or legal guardian. This requirement does not apply while a child is lawfully checked into and participating in a Club-operated childcare program, summer camp, personal training session, or other Club-approved supervised youth activity, provided the child remains only in the areas and during the times authorized by the Club for that program or activity.

10. Aquatics Center / Pool

Pool use is permitted only during posted hours and when a lifeguard is on duty, unless otherwise posted.

Even when a lifeguard is present, parents/guardians must supervise their children at all times.

Children under 13 years of age must be supervised by their parent or legal guardian unless exempted by the Stingray's Swim Team Agreement outlined.

No Minor under 13 may use the Whirlpool Spa.

You agree to follow all pool rules, including:

- no running or unsafe conduct
- obey all lifeguard and staff instructions
- follow hygiene and safety requirements

You acknowledge risks including drowning, slips, and exposure to pool chemicals and airborne irritants.

11. Sauna, Steam Room, and Whirlpool Spa (If Available)

Use of heat and steam areas involves risks including dehydration, fainting, and cardiovascular stress.

Use caution, limit time, and exit if you feel unwell. Consult a physician if needed.\

Minors under 13 may not use the Sauna(s), Steam Room(s), or Whirlpool Spa.

12. Alcohol (If Offered)

Alcohol may only be consumed by persons age 21+ in compliance with law and Club policy.

Do not use Facilities while impaired. The Club may refuse service or remove any person for safety reasons.

13. Guests; Member Responsibility

All guests must check in at the front desk, provide legal and proper identification, and sign the required SPRFC Facility Use Agreement before entering or using the Facilities.

Members are responsible for ensuring that their guests comply with these Terms, posted rules, and staff instructions at all times.

Members may not allow or facilitate entry of any person (guest) who has not properly checked in or completed required acknowledgments.

Failure to comply with guest policies may result in suspension or termination of membership or access privileges under discretion of the Club's management.

14. Unauthorized Entry; Assumption of Risk

Any person who enters or remains on Club premises without authorization, including by bypassing check-in procedures or entering through unauthorized access points, does so at their own risk.

Such individuals are not permitted users of the Facilities and may be considered trespassers to the extent permitted by law.

The Club does not assume responsibility for injuries or damages arising from unauthorized use of the Facilities, except as required by law.

Any member or individual who facilitates or permits unauthorized entry may be subject to suspension, termination, or other action by the Club.

15. Personal Property

You are responsible for securing your belongings.

The Club is not responsible for loss, theft, or damage to personal property, to the fullest extent permitted by law.

16. Responsibility for Damage; Indemnity for Misconduct

You are responsible for damage caused by your intentional acts or negligent misuse of the Facilities.

To the fullest extent permitted by law, you agree to defend and indemnify the Club for third-party claims arising from your misconduct or rule violations, but not for claims caused by the Club's own negligence.

17. Photography and Media

The Club reserves the right to photograph, video record, or otherwise capture Activities, events, and general Club operations on Club premises for legitimate promotional, business, safety, and operational purposes.

Any Member or Guest who does not consent to the use of their image or likeness for promotional purposes must provide written notice to the front desk.

For safety and security reasons, authorized areas of the Club are monitored by video surveillance.

Cell phones and other electronic devices may be used only in a manner that does not disturb others or compromise safety or privacy. Photography, video recording, audio recording, video calls, and speakerphone use are strictly prohibited in locker rooms, restrooms, and other private or restricted areas, and may be limited or prohibited in any area by Club staff. Members and Guests may not photograph, video record, audio record, or make calls or other recordings on Club premises without prior permission from Club Management.

18. Governing Law; Venue; Severability

These Terms are governed by Maryland law.

Any permitted legal action must be filed in Anne Arundel County, Maryland, unless otherwise required by law.

If any provision is unenforceable, the remainder remains in effect.

19. Acknowledgment

By entering the Club, using the Facilities, or signing the Facility Use Agreement, you acknowledge that you have been provided access to these Terms, have read and understood them, and agree to be bound by them.

If you sign, register, authorize, or supervise any minor, family member, or other individual in connection with use of the Facilities, you further acknowledge and agree that these Terms shall apply to that individual, and you accept responsibility for their conduct, supervision, and compliance with all Club rules, policies, and requirements.